

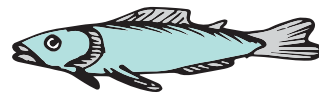
# Edible Islands Map Legend



Huckleberries



Tomatoes



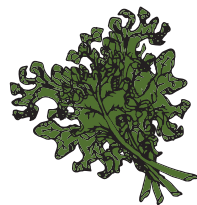
Herring



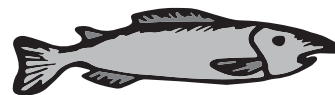
Beets



Saskatoon Berries



Kale



Salmon



Root Vegetables



Nettles



Peppers



Oolichan oil



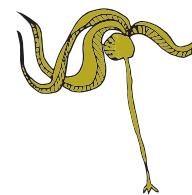
Oats



Salmon Berries



Hazelnuts



Kelp



Wheat



Chanterelle



Apples



Seaweed



Dairy



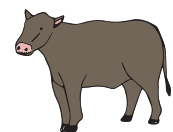
Morel



Cranberries



Oysters



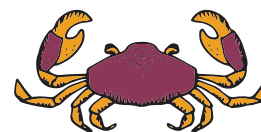
Beef



Cherries



Squash



Crab



Poultry & Eggs



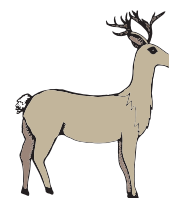
Blackberries



Cucumber



Prawns



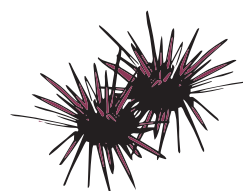
Wild Game



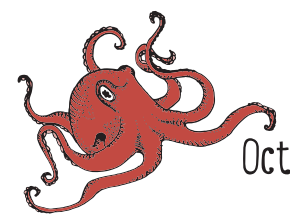
Blueberries



Pears



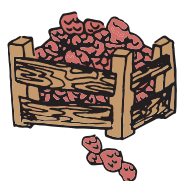
Urchin



Octopus



Strawberries



Raspberries



Island Health Service Region

Before harvesting wild foods consult a reliable resource or expert to learn about safe and respectful harvesting practices. Wild foods may have poisonous lookalikes or they could be contaminated; **do not eat anything you cannot positively identify and deem safe.** Children should be supervised by a knowledgeable adult when harvesting wild foods.

Map and Legend Illustration By  
**wildfreecreative.com**